

## Ergebnis 1. LURS Duathlon am 17.Juli 2010 in Frauendorf

Platz	Name	Start- nr.	L1	L2	L3	L4	Run I	W1	Bike 1	Bike 2	Bike	W2	L4	L5	Run II	Gesamt	Bewerb Platz
1	Blauensteiner Hannes	145	04:06	04:31	04:48	04:44	18:09	00:26	26:01	25:16	51:17	00:22	05:23	05:06	10:29	01:20:33	1
2	ST 1- Steininger Wolfgang, Böhm Oswald, Ehemoser Reinhard	146	03:57	04:09	04:14	04:05	16:25	00:25	27:38	28:37	56:05	00:20	04:11	03:56	08:07	01:21:30	1
3	Swoboda Christian	144	04:37	05:03	05:00	05:05	19:45	01:37	27:38	26:44	54:22	00:49	05:05	05:02	10:07	01:26:40	2
4	Heily Franz	147	05:18	05:02	05:10	05:13	20:43	00:27	30:40	29:10	59:50	00:14	05:35	06:04	11:39	01:32:53	3
5	Weixelbraun Johannes	141	05:32	05:41	05:47	05:47	22:47	00:30	29:17	28:37	57:54	00:39	06:13	06:04	12:17	01:34:17	4
6	Krauss Christian	142	05:22	05:35	05:36	05:47	22:20	01:00	31:22	30:48	01:02:10	00:43	06:02	06:12	12:14	01:38:27	5
7	Adamcik Veronika	143	06:12	06:18	06:22	06:33	25:25	00:50	32:40	34:35	01:07:15	00:50	06:47	06:37	13:24	01:47:44	1
8	Adamcik Gregor	140	08:12	-	-	-	-	18:26	33:34	35:06	01:08:40	-	-	-	-	DNF	6
9	Ehemoser Reinhard	146	05:57	06:14	06:23	06:30	25:04	-	-	-	-	00:22	06:05	06:14	12:19	DNF	-

**Distanzen**

**Run 4,76km, Bike 28km, Run 2,38km**